



CAMP AGAWAK WILDERNESS TRIPS

C.I.T. Boundary Waters Trip- Packing List

2017

*Remember when packing, that campers have to carry what they bring for BWCA trip

Footwear			
Equipment	Qty.	Comments	Checklist
Water Shoes	1	Look for shoes with good foot and/or ankle support and sturdy soles. You will be canoeing & portaging in these shoes. Keens, Chacos, and Texas are only allowed if they have closed toes and fully-enclosed backs.	
Camp Shoes	1	Cross-trainers, tennis shoes, or hiking shoes in good condition for around camp and for short hikes	
Wool Socks	3	Heavy wool, merino wool or ragg, or thick polypro (NO COTTON!)	
Flip Flops(optional)	1	Light weight flip flops-for hanging around camp site	

Upper Body Clothing			
Equipment	Qty.	Comments	Checklist
Light-Mid Weight Top	1	Synthetic or merino wool base top. Athletic-type fabrics with wicking capabilities.	
Fleece Layer	1	Any fleece layer of at least 100-200 weight fleece. Zip up or pull over.	
Rain Jacket	1	Should be 'rain/water proof' not just 'water-resistant' fabric. Durable & Heavy duty waterproofing is highly recommended. Should	

		be large enough to fit over all other layers when used as a 'shell'.	
Lightweight Short-sleeve top	2	One for in-camp & One for Paddling. Athletic type materials should be worn as this wicks best and dries quickly if wet.	
Sports Bras	2-3	Synthetic, wicking materials are recommended	
Sleep Shirt	1	Cotton, Breathable T-Shirt for sleeping only	
Swim suit	1	For canoeing, and swimming	

Lower Body Clothing

Equipment	Qty.	Comments	Checklist
Light Pants	1	Leggings or tights of athletic material (think yoga or running pants)	
Fleece or Flannel Pants	1	To be used as insulative layer underneath rainpants. Pajama pants made of synthetic materials or wool work great! (NO COTTON)	
Rain Pants	1	Waterproof and Durable Pants that are large enough to fit over other pants layers	
Shorts	1	Athletic shorts are fine. They will be used for hiking and around camp when it's warm enough	
Underwear	3	Personal preference. Synthetic materials are great because they dry quickly, but women prone to Urinary Tract Infections should pack cotton underwear for its breathability	

Hands & Head

Equipment	Qty.	Comments	Checklist
Fleece/Wool Hat	1	Anything that covers your ears will work for cold nights/mornings in the BWCA	
Hat w/ Brim	1	Sun protection & Bug Deterrent is it's primary use. Some come with attachable bug nets and neck sun shields.	
Gloves	1	(OPTIONAL!) Basic lightweight or synthetic gloves if you are prone to cold hands	
Bandannas	2	Any old cotton bandana will do. Great as headband, sun shield, etc.	
Head Net	1	(OPTIONAL!) Any bug head net will do if you desire to purchase one (not required)	

Sleeping Equipment

Equipment	Qty.	Comments	Checklist
Sleeping Bag	1	We recommend synthetic bags rated to 20	

		degrees F. It should compress down to fit into a compression sack.	
Compression Sack/Dry Bag	1	As the sleeping bags will need to fit into your pack, you will need a compression sack to fit your sleeping bag into. This also helps keep it dry when paddling in wet conditions.	
Camping Pillow	1	(OPTIONAL!) Small compressible or inflatable pillow for use while out camping. A jacket can also be balled up & used in-place of a pillow.	

Personal Gear

Equipment	Qty.	Comments	Checklist
Sunglasses	1	Highly recommended w/ UV protection work. Polarized are a plus on the water	
Sunscreen	1	Must be 30SPF or higher.	
Lip Balm	1	Stick or cream. Be sure it provides sun protections	
Bug Spray	1	Small Bottle (non-aerosol). DEET de-waterproofs your gear and leaches into your skin. If you plan to wear DEET spray, bring extra bananas to spray it onto and then tie around your head/arms, etc.	
Water Bottle	2	Wide-mouth bottles. Must hold at least 1 Liter each. (Camelback/Nalgene size)	
Journal	1	Small Packable journal w/ pen or pencil. Avoid large/heavy notebooks	
Toiletries		Toothbrush & Travel size toothpaste container. Unscented feminine hygiene products.	
Glasses/Contacts		If this pertains to you...bring an extra pair of contacts and/or your spare glasses in case you have eye issues on trail!	
Camera	1	(OPTIONAL!) Small, light durable digital camera w/ spare batteries or a disposable camera	
Headlamp	1	Headlamps are more versatile than traditional flashlights and great for hands-free use.	

items for Bus & Showering at Gunflint

Equipment	Qty.	Comments	Checklist
Bath Towel	1	Will be kept at Gunflint for showering after the trip	
Shirt	1	T-shirt or long-sleeve for at Gunflint & bus ride	
Pants	1	Shorts or Pants for at Gunflint & bus ride home	
Shampoo	1	For showering upon return to Gunflint (share w/ cabin mates so you don't have to ea. Pack one!)	
DVDs		(OPTIONAL!) For bus-ride up and back from Gunflint. Must be appropriate (No R-rated)	
Small Pillow	1	(OPTIONAL!) For bus ride up/back and for use in	

		bunkhouses at Gunflint Lodge	
--	--	------------------------------	--