



# Camp Agawak CIT Boundary Waters Packing List



Camp will provide packs, sleeping pad and personal dry sacks for clothes.

## FOOTWEAR

Equipment	Quantity	Comments	Check off
Water Shoes	1	Look for shoes with good foot and/or ankle support and sturdy soles. You will be canoeing & portaging in these shoes. Keens, Chacos, and Texas	
Camp Shoes	1	Cross-trainers, tennis shoes, or hiking shoes in good condition for around	
Wool socks	3	Heavy wool, merino wool or rag or thick polypro. No cotton please	

## UPPER BODY

Equipment	Quantity	Comments	Check off
Lightweight top	1	Athletic layer top, synthetic fabric	
Fleece layer	1	Zip up or pull over (nights can be chilly) A thicker fleece is recommended	
Rain Jacket	1	Should be water/rain proof not just resistant, and large enough for your	
Short sleeve top	2	Athletic fabric that dries fast	
Sports bra	2-3		
Sleep shirt	1	Cotton and designated for just sleeping	
Swim Suit	1-2	For canoeing and swimming	

## LOWER BODY

Equipment	Quantity	Comments	Check off
Light pants	1	Leggings	
Fleece pants	1	Warmer pants with lining. Can be synthetic fabric pajama pants.	
Rain pants	1	Waterproof and big enough to fit fleece pants under.	
Shorts	1	Synthetic fabric, that dries quickly	
Underwear	5	Personal preference, but should be able to dry quickly	

## HEAD

Equipment	Quantity	Comments	Check off
Warm hat	1	Fleece or wool	
Hat with brim	1	Can be a baseball cap, used for sun and bug protection	
Bandanas	1-2	Great for headband or sun protection	

## SLEEP

Equipment	Quantity	Comments	Check off
Sleeping Bag	1	Recommended to have a synthetic bag rated 20 degrees Fahrenheit. Should be able to compress down to fit into a compression pack.	
Compression pack	1	This is for your sleeping bag. Your sleeping bag will have to fit into your pack, so you will need a compression sack to fit your sleeping bag into.	

## PERSONAL GEAR

Equipment	Quantity	Comments	Check off
Sunglasses	1	Durable, won't break easily.	
Sunscreen	1	SPF 30 or higher	
Lip balm	1	With sunscreen	
Bug spray	1	Small bottle (non aerosol). Note about spray with DEET—Deet de-waterproofs your gear and gets into your skin. If you wear spray with DEETR, bring extra bananas to spray it onto and then tie around your head/arms.	
Water Bottle	2	Wide-mouth bottles with very few parts (no straws). Must hold 1 liter each. We pump water into our water bottles and the pump fits over the large mouth bottles.	
Toiletries		Toothbrush, glasses, contact supplies, etc	
Headlamp	1	Versatile tool that is hands free	

## GUNFLINT BAG

We leave a bag at Gunflint that will contain your dry clothes and bus supplies

Equipment	Quantity	Comments	Check off
Bath towel & shower supplies	1	For showering when we return. Works best to share shampoo/body wash with others in your group so you don't all have to pack it or use travel	
Dry outfit	1	Shirt, pants, comfy clothes for trip back to camp.	