# the AGAZINE

# November 2024



# **Side Notes:**



We have SPIRIT yes we do! Let's show it off to everyone!

Friday, November 22 is...

# AGAWAK SPIRIT DAY



# NOVEMBER BIRTHDAYS

Grace Brennan-1
Brielle Feinberg-2
Ashleigh Zukerman-2
Kayla Segel-3
Ava Bednyak-4
Selma Shapiro-4
Elizabeth Carroll-5
Alexa Kunreuther-7
Isla Green-8
Cailey Tattersall-8
Laney Schwab-9
Aileen Kremer-10
Bryn Morgan-11

Dylan Patap-11 Sloane Brandess-12 Amelia Weiss-12 Collyns Lasky-14 Jillian Alpert-15 Carlisle Cutler-15 Sophie Rimes-16 Claire Harper-17 Scarlett Rogic-17 Andie Watts-19 Isla Blitz-20 Mia Heinrich-20 Reese DePodesta-21 Lana Deutch-21
Rose Sayer-21
Elodie Kim-23
Charlotte Lagow-23
Nola Rose-24
Luca Shtulman-27
Brett Carter-28
Alexa Guttman-28
Chloe Hurwitz-29
Lucy Maletsky-29
Marley Kaminsky-30





It has been a warm and beautiful fall at Agawak which allowed us to complete

various projects that spruced up our campgrounds. All of our beautiful black paths were resurfaced and look much brighter. When you walk around camp next summer, you'll have fun spotting all the new updates that were completed while you were gone. This picture is a sneak preview.

### We are very thankful to introduce our newest campers

Taiwan

*Taipei* Kiana White Reyka White Zahra White

Kanşaş

Evelyn Taylor Marion Buckley

California

Lola Koslowsky

Florida

Boca Raton Lilah Hoffman

*Pinecrest*Kayla Dramarz

Mexico

Luciana Bravo Diaz

Wisconsin

Sadie McInnis Emma Kloak Madison Kloak Iowa

Gwen Flickinger

Illinois

Barrington Vivian George

Chicago
Illie Bahrmasel
Lily Byrne
Riley Calder-Mastro
Elizabeth Carroll
Avery Dugan
Levi Feinstein
Sybil Fromme
Alexa Levy
Liv Levy
Izzy Milou
Vivian Plax
Arya Shah

Deerfield
Sydnie Berger
Adaline Forman
Blake Glass
Della Hagle
Millie Hauhney
Mira Koch
Reese Rubin

Leni Shtulman

Frankfort

Riley Tomaszewski

Glen Ellyn Emmie Watts

Glencoe
Grace Conley
Mia Parker
Jane Steele
Taylor Vinciuerra

Highland Park
Bernie Alexander
Billie Berngard
Ivy Evans
Mia Heinrich
Mackenzie Kramer
Molly Meltzer
Parker Neil
Zoe Robbins
Vail Rosen
Ashleigh Zukerman

*Lake Forest* Kaya Kaminsky

Northbrook
Diya Bhatia
Quinn Chotiner
Diya Joshi
Lila Kozak

Charlie Kozak Mila Morrison Coraline Ware

Oak Park Georgiana Hamel

Riverwoods
Arielle Shraybman

Wilmette
Molly Gustafson
Malia Hartman
Emma O'Neal

*Winnetka*Georgia Gordon

Louisana

Margot Greenberg Ellie Kupperman

Minnesota

Brooklyn Hartman

Missouri

Eva Block Aileen Kremer Scarlett Levison Sienna Lusardi Tessa Thenhaus Montana

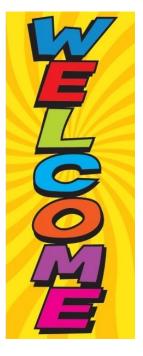
Noa Holtzman-Gast

New York

Maren Mollan

Texas

Julia Feinstein Brielle Friend



## Attitude of Gratitude—Is being thankful good for your health?

Yes. People who spend more time experiencing gratitude report more feelings of physical and mental well-being. Gratitude improves one's outlook on life. Appreciating what you have can make you feel more optimistic and satisfied and experience less frustration, envy, and regret. It also tends to result in increased self-esteem and confidence, which also improves mood.

